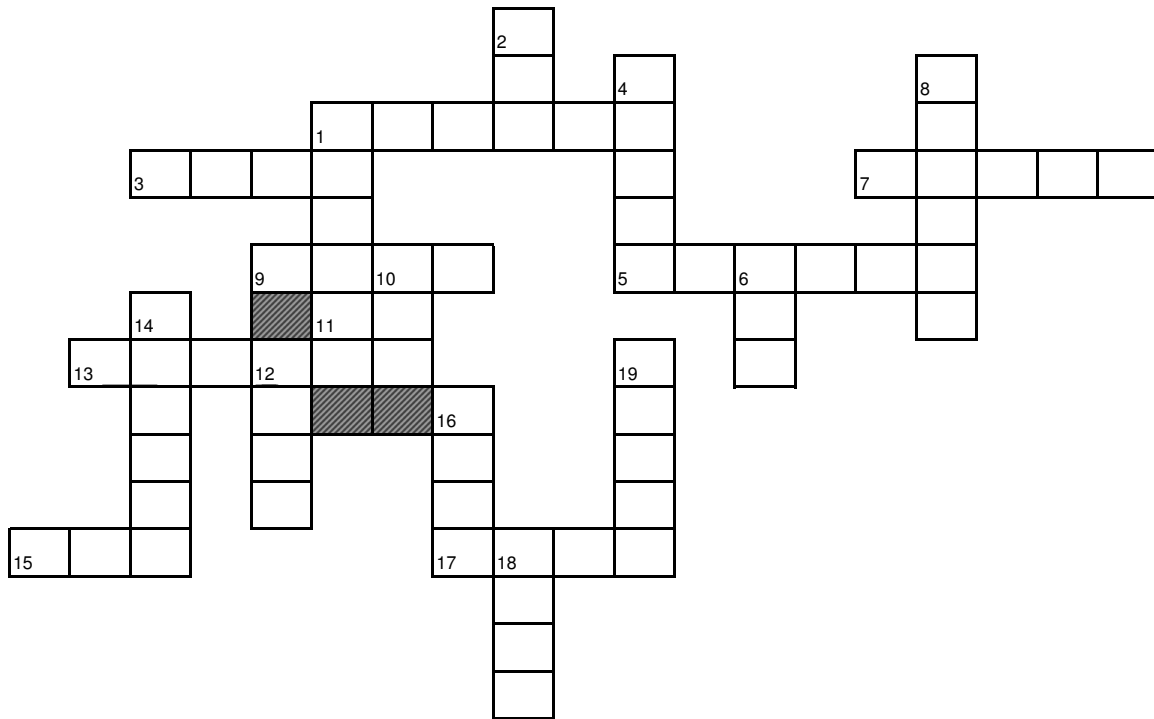


Crossword Puzzle (Green Belt)



Write the Japanese word for the following:

Across

- 1 Sparring
- 3 Knee
- 5 Spear hand
- 7 Kneeling position
- 9 Rest position
- 11 Hand
- 13 Forefist
- 15 Courtesy bow
- 17 Elbow

Down

- 1 Empty hand
- 2 Strength, power (Chinese)
- 4 Lower area
- 6 Boy rank
- 8 Backfist
- 10 Fist
- 12 Power yell
- 14 Instructor, teacher
- 16 Stop
- 18 Water
- 19 Stance